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When: Wednesdays, October 16 - November 27
 5:00 - 7:30 pm

Where: CVMC Conference Rooms

Free Monthly Women's Clinics for Uninsured Women

Funded by Susan G. Komen for the Cure and co-sponsored by People's Health and Wellness Clinic and CVMC. Physical exam, Pap test, breast exam, health education, referrals for mammograms and specialty care, assistance to become insured. By appointment only, call 479-1229.

When: October 9

Where: People's Health and Wellness Clinic
 553 N. Main St., Barre

Central Vermont Medical Center

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www.cvmc.org

Central Vermont Medical Center Partner Pharmacies:
 Kinney Pharmacies - Barre, Waterbury, Morrisville, and Waitsfield,
 Montpelier Pharmacy; Waterbury Pharmacy, Northfield Pharmacy,
 The Medicine Shoppe - Barre, Wal-Mart Pharmacy - Berlin,
 Rite-Aid Pharmacies - Montpelier, Barre, Hardwick,
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TIMES ARGUS BEST OF THE BEST
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The 251 Club of Vermont – Exploring the Green Mountains One Town at a Time!

By H. Brooke Paige

This past weekend Vermont's 251 Club celebrated their 59th anniversary at an exquisite banquet catered by the New England Culinary Institute. It was a wonderful afternoon where members could visit with friends both old and new, those who had completed their "quest" of visiting all 251 of Vermont's cities and towns shared their experiences while enjoying the "Best Panoramic View in Vermont" in the National Life dining room.

Sandy Levesque, the club's effervescent director, hosted the affair and acted as master of ceremonies. Sandy shared her own club experiences including her completion of the goal of visiting every town with a weekend tour which included visiting many of Vermont's micro-breweries – hopefully chauffeured by a "designated driver."

David and Lyn Perrin of Charlotte had a unique tale to tell - you see, they decided to complete their 251 "quest" by paddling their "Old Town" canoe in every town in Vermont. They sought out bodies of water in every town to "float their boat" on: brooks, streams, rivers, beaver ponds, bogs and the entire length of Lake Champlain to achieve their objective.

The afternoon was topped off with an engaging presentation with Vermont's first Archivist, Gregory Sanford – who retired last October after serving for over 30 years as Vermont's "collector, organizer and editor" of the State's papers. Greg's chat "How We Got Here From There!" engaged and challenged the club members with probing questions on minutia relating to the towns they are so proud of exploring while sharing his experiences as Vermont's foremost ephemeral collector.

Founded by Dr. Arthur W. Peach, of *Vermont Life* fame, the club invites all to join as "one real way to know Vermont by visiting every town in the state."



The 251 Club of Vermont has a membership of over 4,000, while three-quarters are Vermonters, the balance are "Vermonters-at-heart" from every state and several foreign countries. While the Perrins chose to complete their tour by canoe, most members tend to use more conventional conveyances including: biking, hiking, motorcycling and "motorcar" touring.

Readers are invited to join the 251 Club. For the modest annual dues of \$8.00 per household, members enjoy: use of the club's website where they can keep up with the progress of fellow members; a *Personal Profile Page* to track their own progress, organize travel notes and post photos to share their Vermont "experiences"; access to *Member Resources*, information on Vermont towns and archival materials on the club's history; a subscription to *The Wayfarer* club newsletter; and an invitation to make and renew acquaintances with fellow members at the club's annual fall luncheon.

Those interested in joining the 251 Club of Vermont are encouraged to visit their website at www.vt251.com or write them at: The 251 Club of Vermont, 100 Gilead Brook Road, Randolph, Vermont 05060 for more information.

Brooke and his wife, Donna, are members of the 251 Club of Vermont. Brooke's mom, Doris, is a longstanding 251 member who introduced them to the club several years ago.

Groton Free Public Library

Books & Beyond Sale
 Friday, Oct. 4 from 2-7pm; Saturday, Oct. 5 from 9am-3pm

We offer a large assortment of fiction and nonfiction, as well as children's and young adults' books -- all from donations and library de-acquisitions. Come and pick up that book you have always wanted to read, or even find the perfect gift! Along with current titles, we have many "elderly /interesting" collectible books published in the 1800's and up. Book sellers are welcome! Most books are sold by donation, with some having suggested prices.

The "Beyond" part of the sale is always a surprise, though puzzles are a sure thing! All profits benefit Groton Library.

Nifty Needles: Tuesday, Oct. 8 at 7pm

Join us for an evening of camaraderie and crafting. Facilitated by local master quilter Mary Schilke. Beginners welcome!

Crafts 4 Kids!: Fridays: Oct. 11, 18, 25 from 3-6pm

All supplies provided for a variety of drop-in kids' crafts – something different each Friday!

YA: Between the Covers: Monday, Oct. 21 at 6:30pm

Book Club for teen and adult readers! This month's read, *Little Brother* by Cory Doctorow, is available at the library for lending.

Book Discussion Group: Monday, Oct. 28 at 7pm

Night of Many Dreams by Gail Tsukiyama is the discussion topic this month. Available at the library for lending.

Crafts & Conversation: Every Wednesday from 1-3pm

Join us with your ideas and projects-in-process – or – just join us!

All of our programs are free and open to the public. Find us on Facebook (Groton Free Public Library) or contact Anne: groton-libraryvt@gmail.com, 802.584.3358. Open M (2:30-7) W (10-4) Th (10-12) F (2:30-7) Sa (10-12).

Barre Area Senior Center
 135 N. Main St., Barre • 479-9512
 New Hours as of July 1, 2012: Mon-Thurs 9-3, Fri 9-12

October is another busy month at the Barre Area Senior Center! Our monthly bingo game will be Wednesday, October 9 at 1pm, our monthly board meeting will be October 10 at 10am followed by the book discussion on *Poetry 180* at 1:30pm the same day. In addition, September's game day was so popular, it will become a monthly feature every 3rd Wednesday of the month. This month's game day will be Wednesday, October 16 from 11am to 3pm; stop by and learn a new game and make new friends! This month's foot clinic will be October 3 from 9am to 12pm.

Our craft supply sale will be October 12 from 9am to 3pm. Stock up on crafting supplies before the holidays!

Former director Cathy Hartshorn returns this fall to host a Write Your Story workshop, Thursdays at 9am beginning October 17 (early sign up required). Learn a new language for free at the senior center! Denise Fortier will teach French lessons on Tuesdays at 10am beginning October 8 (sign up required).

Looking forward to Halloween? So is the Barre Area Senior Center! Join us in your best costume for a spooky party at 3pm on October 31 followed by passing out candy to trick-or-treaters on Main Street at 4pm.

Seats are still available for our October 24 train ride on the Green Mountain Railroad! This trip will be loads of fun with beautiful Vermont scenery, a box lunch aboard the train, and time to explore the White River Junction train station. Public welcome, \$70 per person. Call or email for more information or to sign up! Our next trip will be to Indian Head Resort on November 11. This trip will include free individual photos, cocktail reception, deluxe luncheon buffet, photo & gift from Santa, floor show & dance band. Cost is \$75 per person, great fun for all!

As always, we welcome you to visit us and take part in activities at 135 N. Main St., call us at 479-9512, visit our website, barreseniors.org, email us at director@barreseniors.org and now "like" us at facebook.com/BarreSeniors.

SPAULDING HIGH SCHOOL ALUMNI GATHERING AFTER THE SHS/MILTON FOOTBALL GAME

WHERE: The Barre Elks Club—downstairs lounge
WHEN: Saturday, October 12th 4:00 – 7:00 p.m.
WHAT: Finger foods and socialization
WHY: Build an SHS Alumni connection

SHS homecoming athletic events this weekend include **Boys Soccer** vs Essex Friday at 4:00 p.m., **Girls' Field Hockey** vs Stowe at 10:00 a.m. and **Girls Soccer** vs Essex at 10:00 a.m., both Saturday. Attend the **Football** game at 2:00 p.m., after riding the Alumni float in the **Homecoming Parade**. Help decorate the float at 12:00 noon behind Aubuchon's in downtown Barre. All alumni are invited to ride the float. **Wear your crimson and blue and bring a sign.** The parade starts at 1:00 p.m.

HOMEcoming WEEKEND

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